

# **Mental Health and Addictions Services**

## **Mississauga / Halton LHIN**

As of June 2009

Any individual using these services is responsible for researching the service for their suitability. Some services may not be covered by OHIP.

## ◆ INFORMATION RESOURCES ◆

|  |                                  |                                  |
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| CENTRE FOR ADDICTION & MENTAL HEALTH INFO CENTRE       | HAMILTON / HALTON<br>MISSISSAUGA | 1-888-857-2876<br>1-416-535-8501 |
| CHILD CARE INFO PEEL                                   | MISSISSAUGA                      | 905-890-9432                     |
| CHILD DEVELOPMENT RESOURCE CONNECTION PEEL             | MISSISSAUGA                      | 905-507-9360                     |
| CHILDREN'S AID SOCIETY                                 | MILTON<br>MISSISSAUGA            | 905-876-1682<br>905-363-6131     |
| CMHA PEEL, RESOURCE CENTER INFORMATION AND REFERRAL    | BRAMPTON                         | 905-451-2123                     |
| CONNEX ONTARIO   | ONTARIO                          |                                  |
| DART (DRUG AND ALCOHOL REGISTRY OF TREATMENT INFOLINE) |                                  | 1-800-565-8603                   |
| HEALTH SERVICES INFORMATION                            |                                  | 1-519-439-0174                   |
| ONTARIO PROBLEM GAMBLING HELPLINE                      |                                  | 1-888-230-3505                   |
| MENTAL HEALTH SERVICE INFORMATION ONTARIO              |                                  | 1-866-531-2600                   |
| DIXIE-BLOOR NEIGHBOURHOOD SERVICES                     | MISSISSAUGA                      | 905-629-1873                     |
| INFORMATION MILTON                                     | MILTON                           | 905-875-4636                     |
| INFORMATION OAKVILLE                                   | OAKVILLE                         | 905-815-2046                     |
| MILTON COMMUNITY RESOURCE CENTRE                       | MILTON                           | 905-876-1244                     |
| PEEL NEWCOMER INFORMATION CENTRE                       | MISSISSAUGA                      | 905-279-0024<br>EXT. 1266        |
| TELEHEALTH   | ONTARIO                          | 1-866-797-0000                   |

## ◆ ADDICTIONS ◆

### ADDICTIONS SELF-HELP

|  |                       |                              |
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| AL-ANON / ALATEEN  | CANADA                | 1-888-425-2666               |
| ALCOHOLICS ANONYMOUS (MISSISSAUGA OFFICE IS A PART OF THE GTA INTERGROUP OFFICE) | HALTON<br>MISSISSAUGA | 905-845-5900<br>416-487-7239 |

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| CAST                      | HALTON /<br>MISSISSAUGA | 905-877-6547   |
| COCAINE ANONYMOUS         | INTERNATIONAL           | 1-800-347-8998 |
| GAMBLERS ANONYMOUS        | CANADA                  | 416-366-7613   |
| LIFERING SECULAR RECOVERY | PEEL                    | 510-763-0779   |
| NARCOTICS ANONYMOUS       | CANADA                  | 1-877-414-4464 |

### **ADDICTIONS TREATMENT**

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| ALCOHOL & DRUG ADDICTION<br>PROGRAM (ADAPT)  | ACTON<br>BURLINGTON<br>GEORGETOWN<br>MILTON<br>OAKVILLE | 519-853-8222<br>905-639-6537<br>905-873-2993<br>905-693-4250<br>905-847-6547 |
| CAMH PEEL  | MISSISSAUGA   | 416-535-8501   |
| CREDIT VALLEY HOSPITAL<br>ADDICTIONS AND CONCURRENT<br>DISORDERS CENTRE  | MISSISSAUGA   | 905-813-4402   |
| FAMILY AWARENESS & DRUG<br>EDUCATION—HALTON PEEL CENTRE  | HALTON / PEEL   | 905-271-4200   |
| HOPE PLACE CENTRES<br>MEN'S RESIDENTIAL CENTRE<br>WOMEN'S TREATMENT CENTRE<br>WOMEN'S OUTPATIENT<br>TREATMENT CENTRE | HORNSBY<br>MILTON<br>OAKVILLE                           | 905-878-1120<br>905-875-3214<br>905-465-3324                                 |
| PEEL YOUTH SUBSTANCE ABUSE<br>PROGRAM (YMCA)   | MISSISSAUGA   | 905-276-9322<br>EXT. 216   |
| PEEL ADDICTION ASSESSMENT &<br>REFERRAL CENTRE (PAARC)   | MISSISSAUGA   | 905-629-1007   |

### **◆ ASSERTIVE COMMUNITY TREATMENT TEAMS ◆**

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| ASSERTIVE COMMUNITY<br>TREATMENT TEAM (SHIP ACCT)   | NORTH AND WEST<br>MISSISSAUGA | 905-795-8742 |
| ASSERTIVE COMMUNITY TREATMENT<br>TEAM (TRILLIUM ACCT)                                       | SOUTHEAST<br>MISSISSAUGA      | 905-848-7292 |
| PROGRAM FOR ASSERTIVE COMMU-<br>NITY TREATMENT (PACT) FOR HAL-<br>TON—JOSEPH BRANT HOSPITAL | BURLINGTON                    | 905-639-3724 |

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| SUMMIT ASSERTIVE COMMUNITY TREATMENT TEAM (ACTT) | OAKVILLE | 905-847-3206 |
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| TRILLIUM HEALTH CENTRE—ETOBICOKE ASSERTIVE COMMUNITY TREATMENT TEAM (ACTT) | ETOBICOKE | 416-521-4051 |
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◆ **CLUBHOUSE PSYCHO-SOCIAL REHABILITATION** ◆

|                                 |             |              |
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| PAR SOUTH CLUBHOUSE (CMHA PEEL) | MISSISSAUGA | 905-270-6295 |
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◆ **COUNSELLING** ◆

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| CATHOLIC FAMILY SERVICES OF PEEL-DUFFERIN | MISSISSAUGA | 905-897-1644 |
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| FAMILY SERVICES OF PEEL | MISSISSAUGA | 905-453-5775 |
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| HALTON FAMILY SERVICES | OAKVILLE | 905-845-3811 |
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| HALTON TRAUMA CENTRE | OAKVILLE | 895-825-3242 |
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◆ **CRISIS SERVICES** ◆

**CRISIS BEDS**

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| OAKHURST SAFE BEDS PROGRAM (CMHA HALTON) | OAKVILLE | 905-849-8443 |
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| SHORT TERM RESIDENTIAL CRISIS SUPPORT BEDS (SAFE BEDS)—SHIP | MISSISSAUGA | 905-279-9294 |
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**CRISIS LINES**

|                            |         |                |
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| ASSAULTED WOMEN'S HELPLINE | ONTARIO | 1-866-863-0511 |
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| CATHOLIC CROSS CULTURAL SERVICES—VIOLENCE AGAINST WOMEN | MISSISSAUGA | 905-273-4140 |
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| CHANTEL'S PLACE (FOR SEXUAL ASSAULT AND DOMESTIC VIOLENCE AGAINST WOMEN) | MISSISSAUGA | 905-848-7580<br>ext. 2548 |
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| DISTRESS CENTRE OAKVILLE (7 DAYS A WEEK) | OAKVILLE | 905-849-4541 |
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| DISTRESS CENTRE PEEL (24 HOURS) | MISSISSAUGA | 905-278-7208 |
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| INTERIM PLACE (24 HOUR CRISIS LINE FOR ABUSED WOMEN) | MISSISSAUGA | 905-676-8515<br>(NORTH)<br>905-403-0864<br>(SOUTH) |
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| NORTH HALTON DISTRESS CENTRE<br>(7AM-11PM)                                     | GEORGETOWN  | 905-877-1211   |
| KIDS HELP PHONE (24 HOURS)   | CANADA      | 1-800-668-6868   |
| PEEL CHILDREN'S CENTRE—CRISIS LINE   | MISSISSAUGA | 416-410-8615   |
| ROCK CRISIS LINE (24 HOURS)  | HALTON      | 905-878-9785   |
| SEXUAL ASSAULT / RAPE CRISIS CENTRE<br>OF PEEL (24 HOUR CRISIS LINE)           | MISSISSAUGA | 1-800-810-0180   |
| SEXUAL ASSAULT AND VIOLENCE<br>INTERVENTION SERVICES (S.A.V.I.S.) OF<br>HALTON | OAKVILLE    | 905-825-3622<br>905-875-1555<br>(24 HOUR<br>CRISIS LINE) |
| VICTIM SERVICES OF PEEL (24 HOURS)   | PEEL        | 905-568-1068   |

### **MOBILE CRISIS SERVICES**

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| COAST—CMHA HALTON (24 HOURS)                     | HALTON      | 1-877-825-9011 |
| MOBILE CRISIS OF PEEL (COAST PEEL)—<br>CMHA PEEL | MISSISSAUGA | 905-278-9036   |

### **◆ EDUCATION ◆**

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| ADULT LEARNING NETWORK OF<br>PEEL-HALTON-DUFFERIN    | MISSISSAUGA | 905-812-3533 |
| CENTRE FOR EDUCATION TRAINING<br>(YOUTH)             | MISSISSAUGA | 905-949-0049 |
| CHISHOLM EDUCATIONAL CENTRE                          | OAKVILLE    | 905-844-3240 |
| PAR SOUTH CLUBHOUSE (CMHA/PEEL)—<br>LITERACY PROGRAM | MISSISSAUGA | 905-270-6295 |

### **◆ EMPLOYMENT SUPPORTS ◆**

|   |                       |                                  |
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| EMPLOYMENT ACCESS (DISABILITIES)                    | MISSISSAUGA           | 905-755-9734                     |
| EMPLOYMENT ONTARIO HOTLINE                          | ONTARIO               | 1-800-387-5656                   |
| EMPLOYMENT RESOURCES CENTRE<br>(PEEL YOUTH VILLAGE) | MISSISSAUGA           | 905-791-5576                     |
| ODSP EMPLOYMENT SUPPORT                             | HALTON<br>MISSISSAUGA | 1-800-567-6388<br>1-800-361-0897 |
| PEEL CAREER ASSESSMENT SERVICES<br>INC.             | MISSISSAUGA           | 905-670-1967                     |

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| STRIDE                         | HALTON      | 905-693-4252 |
| YMCA YOUTH EMPLOYMENT SERVICES | MISSISSAUGA | 905-276-9322 |

◆ **FAMILY SUPPORTS** ◆

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| FAMILY ASSOCIATION FOR MENTAL HEALTH EVERYWHERE (FAME) | MISSISSAUGA       | 905-276-8316                                    |
| FAMILY AWARENESS CENTRE                                | MISSISSAUGA       | 905-271-4200<br>1-800-713-8990<br>(CRISIS LINE) |
| FAMILY MENTAL HEALTH & SUPPORT NETWORK                 | HAMILTON / HALTON | 1-888-688-7777                                  |
| SCHIZOPHRENIA SOCIETY OF ONTARIO— HALTON/PEEL REGION   | OAKVILLE          | 905-338-2112                                    |

◆ **FINANCIAL SUPPORTS** ◆

|  |                       |                                  |
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| HALTON REGION                          | HALTON                | 905-825-6000                     |
| ONTARIO DISABILITY SUPPORT PROGRAM     | HALTON<br>MISSISSAUGA | 1-800-567-6388<br>1-800-361-0897 |
| ONTARIO WORKS                          | HALTON<br>MISSISSAUGA | 1-866-442-5866<br>1-800-327-5379 |
| RED CROSS, INDIVIDUAL AID              | MISSISSAUGA           | 1-866-811-1211                   |
| SERVICE CANADA (OLD AGE SECURITY, CPP) | CANADA                | 1-800-277-9914                   |

◆ **FOOD BANKS** ◆

|                         |                                   |  |
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| ACTON FOODSHARE         | ACTON                             | 519-853-0457                                 |
| EDEN UNITED CHURCH      | MISSISSAUGA                       | 905-785-3651                                 |
| FOOD PATH               | MISSISSAUGA                       | 905-270-5589                                 |
| FARESHARE FOOD BANK     | OAKVILLE                          | 905-847-3988                                 |
| GEORGETOWN BREAD BASKET | GEORGETOWN                        | 905-873-3368                                 |
| KERR STREET MINISTRIES  | OAKVILLE                          | 905-845-7485                                 |
| MEALS ON WHEELS         | MILTON<br>MISSISSAUGA<br>OAKVILLE | 905-878-6699<br>905-820-4026<br>905-842-1411 |
| SALVATION ARMY          | MILTON<br>MISSISSAUGA             | 905-875-1022<br>905-279-3941                 |

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| SALVATION ARMY | OAKVILLE    | 905-827-6523 |
| THE OPEN DOOR  | MISSISSAUGA | 905-276-9136 |

◆ **GOVERNMENT SERVICES** ◆

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| HALTON REGION  | HALTON                | 905-825-6000                     |
| HEALTH CANADA, ONTARIO REGION<br>INFOLINE              | ONTARIO               | 1-416-973-4389                   |
| HEALTH CARD SERVICES—OHIP OFFICES                      | HALTON<br>MISSISSAUGA | 1-800-664-8988<br>1-888-376-5197 |
| MENTAL HEALTH PROGRAM (MINISTRY OF<br>HEALTH) INFOLINE | ONTARIO               | 1-866-532-3161                   |
| MINISTRY OF CHILDREN AND YOUTH<br>SERVICES             | ONTARIO               | 1-866-821-7770                   |
| MINISTRY OF COMMUNITY & SOCIAL<br>SERVICES (MCSS)      | MISSISSAUGA           | 1-877-832-2818                   |
| MINISTRY OF HEALTH—ONTARIO DRUG<br>BENEFITS            | ONTARIO               | 1-866-811-9893                   |
| REGION OF PEEL   | PEEL                  | 905-791-7800                     |

◆ **HOUSING** ◆

**HOUSING SERVICES**

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| HALTON REGION                                  | HALTON                                  | 905-825-6000<br>EXT. 7142                    |
| PEEL REGION—PEEL LIVING                        | MISSISSAUGA                             | 905-453-1300                                 |
| GRACE HOUSE                                    | OAKVILLE                                | 905-844-4772                                 |
| MILL HOUSE REST HOME                           | ACTON                                   | 519-853-5306                                 |
| MINISTRY OF HEALTH – HOMES FOR<br>SPECIAL CARE | ONTARIO                                 | 1-866-532-3161                               |
| OAKVILLE COMMUNITY HOMES,<br>NORMANDY PLACE    | OAKVILLE                                | 905-842-5095                                 |
| PARKSIDE                                       | ACTON                                   | 519-853-0148                                 |
| SUMMIT HOUSING & OUTREACH PRO-<br>GRAM         | ACTON<br>MILTON<br>OAKVILLE ACT<br>TEAM | 519-853-1466<br>905-876-1319<br>905-847-3206 |

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| SUPPORT & HOUSING HALTON   | ACTON       | 519-853-4393 |
|                            | OAKVILLE    | 905-845-9212 |
| SUPPORTIVE HOUSING IN PEEL | MISSISSAUGA | 905-795-8742 |
| YORK HOUSE                 | ACTON       | 519-853-5953 |

### **SHELTERS**

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|---|-------------|--|
| HALTONS WOMEN'S PLACE                       | MILTON      | 905-878-8970                                       |
| INTERIM PLACE WOMEN'S & CHILDREN'S SHELTER  | MISSISSAUGA | 905-676-8515<br>(NORTH)<br>905-403-0864<br>(SOUTH) |
| OUR PLACE PEEL II YOUTH SHELTER, SHORT-TERM | MISSISSAUGA | 905-238-1383                                       |
| PEEL YOUTH VILLAGE                          | MISSISSAUGA | 905-791-5576                                       |
| REGION OF PEEL FAMILY SHELTER               | MISSISSAUGA | 905-272-7061                                       |
| SALVATION ARMY HALTON LIGHTHOUSE            | OAKVILLE    | 905-339-2918                                       |
| VITA CENTRE                                 | MISSISSAUGA | 905-858-0329                                       |

### **◆ MENTAL HEALTH SERVICES ◆**

|  |                      |                           |
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| CMHA HALTON                                | ACTON                | 519-853-9793              |
|  | MILTON               | 905-693-4270              |
|  | OAKVILLE             | 905-338-2130              |
| CMHA PEEL                                  | BRAMPTON             | 905-451-2123              |
| COMMUNITY CARE ACCESS CENTRE               | MISSISSAUGA / HALTON | 905-855-9090<br>EXT. 4300 |
| CREDIT VALLEY HOSPITAL                     | MISSISSAUGA          | 905-813-2200              |
| ADDICTIONS AND CONCURRENT DISORDERS CENTRE |                      | 905-813-4402              |
| ADOLESCENT SERVICES                        |                      | 905-813-4421              |
| ANXIETY DISORDERS PROGRAM                  |                      | 905-813-1550              |
| CHILDREN'S SERVICES                        |                      | 905-813-4426              |
| COMMUNITY TREATMENT ORDERS (CTO)           |                      | 905-813-2200              |
| CRISIS (ASK FOR CRISIS WORKER TO BE PAGED) |                      | 905-813-2200              |
| EATING DISORDERS PROGRAM                   |                      | 905-813-4505              |
| IN-PATIENT PSYCHIATRIC UNIT                |                      | 905-813-2200              |



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| CREDIT VALLEY HOSPITAL             |             |              |
| MENTAL HEALTH/OUTPATIENT           |             | 905-813-2398 |
| DEPOT CLINIC                       |             |              |
| SCHIZOPHRENIA PROGRAM              |             | 905-813-2371 |
| START PROGRAM, DAY HOSPITAL        |             | 905-813-4029 |
| GEORGETOWN HOSPITAL                | GEORGETOWN  | 905-873-0111 |
| HALTON HEALTHCARE SERVICES - ADULT | OAKVILLE    | 905-338-4630 |
| MENTAL HEALTH SERVICES             |             |              |
| LAKESHORE COMMUNITY OUTREACH       | MISSISSAUGA | 905-274-9309 |
| CENTRE INC./THE COMPASS            |             |              |
| LINKS2CARE                         | ACTON       | 519-853-3310 |
|                                    | GEORGETOWN  | 905-873-6502 |
|                                    | OAKVILLE    | 905-844-0252 |
| MILTON DISTRICT HOSPITAL           | MILTON      | 905-878-2383 |
| NORTH HALTON MENTAL HEALTH CLINIC  | ACTON       | 519-853-9741 |
| (DOCTOR'S REFERRAL REQUIRED)       | GEORGETOWN  | 905-693-4240 |
|                                    |             | EXT. 8402    |
|                                    | MILTON      | 905-693-4240 |
| OAKVILLE TRAFALGAR MEMORIAL        | OAKVILLE    | 905-845-2571 |
| HOSPITAL                           |             |              |
| ADULT PSYCHIATRIC INPATIENT        |             | 905-338-4633 |
| SERVICES                           |             |              |
| ADULT PSYCHIATRIC OUTPATIENT       |             | 905-338-4630 |
| SERVICES                           |             |              |
| CHILD AND YOUTH OUTPATIENT         |             | 905-815-5140 |
| SERVICES                           |             | EXT. 4826    |
| COMMUNITY SUPPORT PROGRAM          |             | 905-338-4630 |
| COMMUNITY TREATMENT ORDER          |             | 905-338-4630 |
| PROGRAM                            |             |              |
| CONCURRENT DISORDER PROGRAM        |             | 905-338-4630 |
| EATING DISORDERS PROGRAM           |             | 905-815-5140 |
| HALTON REGIONAL CHILD AND          |             | 905-815-5118 |
| ADOLESCENT PSYCHIATRIC INPATIENT   |             |              |
| SERVICE                            |             |              |
| HOMES INITIATIVE PROGRAM           |             | 905-338-4630 |
| MENTAL HEALTH DAY PROGRAM          |             | 905-338-4630 |
| OUTPATIENT CENTRAL INTAKE          |             | 905-338-4630 |
| PHOENIX PROGRAM EARLY              |             | 905-815-5140 |
| INTERVENTION                       |             |              |

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| STREET HELPLINE PEEL (REGION OF PEEL)           | MISSISSAUGA | 1-877-848-8481            |
| TRILLIUM HEALTH CENTRE                          | MISSISSAUGA | 905-848-7100              |
| CHILD & ADOLESCENT SERVICES                     |             | 905-451-4655              |
| COMMUNITY TREATMENT ORDERS (CTO)                |             | 905-848-7580<br>EXT. 3540 |
| CRISIS INTERVENTION (24 HOURS)                  |             | 905-848-7495              |
| GERIATRIC MENTAL HEALTH SERVICES                |             | 905-848-7572              |
| INPATIENT PSYCHIATRY                            |             | 905-848-7610              |
| MENTAL HEALTH CLINICS                           |             | 905-848-7586              |
| MISSISSAUGA ASSERTIVE COMMUNITY TREATMENT (ACT) |             | 905-848-7292              |
| RELINQ CASE MANAGEMENT                          |             | 905-848-7583              |

◆ **MULTICULTURAL** ◆

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| AFRICAN COMMUNITY SERVICES OF PEEL            | MISSISSAUGA | 905-828-8787                 |
| BRAMPTON MULTICULTURAL COMMUNITY CENTRE       | MISSISSAUGA | 905-828-1328                 |
| CANADA PAKISTAN CULTURAL ASSOCIATION          | OAKVILLE    | 905-338-0622                 |
| CANADIAN CARIBBEAN ASSOCIATION OF HALTON      | OAKVILLE    | 905-257-0581<br>905-257-0908 |
| CAROUSEL OF NATIONS MULTICULTURAL ASSOCIATION | OAKVILLE    | 905-617-6171                 |
| CATHOLIC CROSS CULTURAL SERVICES              | MISSISSAUGA | 905-273-4140                 |
| CLUB FILIPINO OF OAKVILLE                     | OAKVILLE    | 905-844-5306                 |
| GURU SINGH SABHA CANADA                       | MISSISSAUGA | 905-671-1662                 |
| HALTON GURUDWARA SAHIB OAKVILLE               | OAKVILLE    | 905-469-1313                 |
| HALTON-PEEL HISPANIC ASSOCIATION              | MISSISSAUGA | 905-827-1631                 |
| HALTON REGION CHINESE CANADIAN ASSOCIATION    | OAKVILLE    | 905-847-8023                 |
| HELLENIC COMMUNITY OF OAKVILLE                | OAKVILLE    | 905-842-3099                 |
| INTER-CULTURAL NEIGHBOURHOOD SOCIAL SERVICES  | MISSISSAUGA | 905-273-4884                 |
| INDIA RAINBOW COMMUNITY SERVICES OF PEEL      | MISSISSAUGA | 905-275-2369                 |

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| MULTICULTURAL INTER-AGENCY GROUP (MIAG) OF PEEL                  | MISSISSAUGA | 905-270-6252 |
| MUSLIM COMMUNITY SERVICES  | MISSISSAUGA | 905-828-2001 |
| PEEL COMMUNITY CONNECTIONS                                       | MISSISSAUGA | 905-270-2295 |
| OAKVILLE ITALIAN CLUB  | OAKVILLE    | 905-844-8000 |
| PHILIPPINE KAPIT-BAHAY CULTURAL SOCIETY OF OAKVILLE INCORPORATED | OAKVILLE    | 905-825-3746 |
| SPANISH SPEAKING ASSOCIATION OF HALTON                           | OAKVILLE    | 905-815-0780 |

◆ **SELF-HELP / PEER SUPPORT** ◆

|   |             |                           |
|---|-------------|---------------------------|
| CANADIAN MENTAL HEALTH ASSOCIATION—HALTON (FOR MOOD DISORDERS)                      | HALTON      | 905-693-4270              |
| CHAT ROOM /CONSUMER SURVIVOR SUPPORT NETWORK  | MISSISSAUGA | 905-276-3302              |
| DEPRESSION AND YOU  | MISSISSAUGA | 905-276-3302              |
| EDEN PLACE DROP IN CENTRE   | MISSISSAUGA | 905-276-3302              |
| FRIENDS AND ADVOCATES PEEL  | PEEL        | 905-452-1002              |
| POSITIVE SPACE COALITION OF PEEL  | MISSISSAUGA | 905-791-7800<br>EXT. 2869 |
| RECOVERY INCORPORATED—ROSEANNE R. AGOSTINO  | MISSISSAUGA | 905-812-7935              |
| SCHIZOPHRENIA SOCIETY OF ONTARIO—HALTON/PEEL REGION                                 | OAKVILLE    | 905-338-2112              |
| T.E.A.C.H. (FOR ANXIETY, RECOVERY, AND SELF-ESTEEM GROUPS AND PEER SUPPORT)         | HALTON      | 905-693-8771              |
| WOMEN HELPING WOMEN   | OAKVILLE    | 905-847-5520              |
| WOMEN SURVIVORS ADVISORY GROUP OF HALTON (FOR DOMESTIC VIOLENCE)                    | HALTON      | 905-637-7643              |
| VOICES (VERBALIZING OUR INNER CRISES AND EMOTIONS SAFELY) CMHA PEEL (FOR SELF-HARM) | MISSISSAUGA | 905-276-3302              |

## ◆ SERVICES FOR THE ELDERLY ◆

|   |             |                           |
|---|-------------|---------------------------|
| CAREFIRST SENIORS AND COMMUNITY SERVICES ASSOCIATION              | MISSISSAUGA | 905-270-9988              |
| ESMAR NURSING & COMMUNITY CARE AGENCY                             | MISSISSAUGA | 905-469-0081              |
| EVERYTHING 4 SENIORS  | MISSISSAUGA | 905-855-1558              |
| GERIATRIC MENTAL HEALTH SERVICES—TRILLIUM HEALTH CENTRE           | MISSISSAUGA | 905-848-7572              |
| HALTON HEALTH DEPARTMENT—OLDER ADULTS                             | HALTON      | 905-825-6000              |
| HOME INSTEAD SENIOR CARE  | MISSISSAUGA | 905-276-2273              |
| LIFECALL—PERSONAL EMERGENCY RESPONSE SYSTEMS                      | MISSISSAUGA | 905-206-0430              |
| MALTON COMMUNITY CENTRE—SENIOR ASIANS ASSOCIATION                 | MISSISSAUGA | 905-615-4640              |
| MARIONS SOS   | MISSISSAUGA | 905-821-2948              |
| OAKVILLE TRANSIT—SENIORS SPECIALS                                 | OAKVILLE    | 905-815-2020              |
| ONTARIO SENIOR GAMES ASSOCIATION                                  | HALTON      | 905-332-6965              |
| PEEL ELDER ABUSE SUPPORT LINE                                     | MISSISSAUGA | 905-278-3141              |
| PEEL SENIOR LINK  | MISSISSAUGA | 905-712-4413              |
| PSYCHOGERIATRIC ASSESSMENT CONSULTATION AND EDUCATION (PACE)—CAMH | MISSISSAUGA | 416-535-8501<br>EXT. 7716 |
| RED HAT SOCIETY   | OAKVILLE    | 905-257-1508              |
| SENACA SENIORS DAY PROGRAM  | OAKVILLE    | 905-337-8937              |
| SENIOR HOMECARE BY ANGELS   | HALTON      | 905-634-2400              |
| SENIORS' HEALTH SERVICES—TRILLIUM HEALTH CENTRE                   | MISSISSAUGA | 905-848-7100              |
| SERVICE FOR SENIORS—CANADA REVENUE AGENCY—TELEFILE                | CANADA      | 1-800-959-1110            |
| TRAFALGAR PERSONNEL LIMITED—IN HOME CAREGIVERS                    | OAKVILLE    | 905-849-6520              |

## ◆ SPECIALIZED SERVICES ◆

|  |                  |                           |
|--|------------------|---------------------------|
| CANADIAN HEARING SOCIETY<br>(PEEL/HALTON/DUFFERIN) | MISSISSAUGA      | 1-866-603-7161            |
| CANADIAN NATIONAL INSTITUTE FOR THE<br>BLIND       | HALTON /<br>PEEL | 1-888-275-5332            |
| CENTRAL WEST SPECIALIZED<br>DEVELOPMENTAL SERVICES | OAKVILLE         | 905-844-7864              |
| DUAL DIAGNOSIS PROGRAM—CAMH PEEL                   | MISSISSAUGA      | 416-535-8501<br>EXT. 7713 |
| (PEEL) HIV/AIDS NETWORK                            | MISSISSAUGA      | 905-361-0523              |
| THE LEARNING DISABILITIES ASSOCIATION              | MISSISSAUGA      | 905-272-4100              |

## ◆ YOUTH SERVICES ◆

|   |             |                           |
|---|-------------|---------------------------|
| CENTRALIZED INTAKE SERVICES FOR<br>CHILDREN AND YOUTH—INCLUDING:<br>ASSOCIATED YOUTH SERVICES OF PEEL<br>NEXUS YOUTH SERVICES<br>PEEL CHILDREN'S CENTRE<br>TRILLIUM HEALTH CENTRE—CHILD AND<br>ADOLESCENT MENTAL HEALTH<br>SERVICES | MISSISSAUGA | 905-451-4655              |
| COMMUNITY YOUTH PROGRAMS<br>(CO-ED GROUP HOME)  | OAKVILLE    | 905-845-9718              |
| ERIN MILLS YOUTH OUTREACH PROGRAM   | MISSISSAUGA | 905-820-9466              |
| FACT PEEL—CAMH PEEL   | MISSISSAUGA | 416-535-8501<br>EXT. 7700 |
| FACT PEEL+ —CMHA PEEL   | MISSISSAUGA | 905-804-9857              |
| FAMILY ADOLESCENT STRAIGHT TALK<br>(FAST)   | OAKVILLE    | 1-888-651-5186            |
| HALTON TRAUMA CENTRE  | OAKVILLE    | 905-825-3242              |
| JOHN HOWARD SOCIETY OF PEEL, HALTON<br>& DUFFERIN   | MILTON      | 905-864-1306              |
| KINARK CHILD & FAMILY SERVICES  | OAKVILLE    | 905-844-4110              |
| NORTH HALTON CHILD AND YOUTH<br>PSYCHIATRY PROGRAM—NORTH<br>HALTON MENTAL HEALTH CLINIC   | MILTON      | 905-693-4240              |

|  |                          |                              |
|--|--------------------------|------------------------------|
| PEEL YOUTH SUBSTANCE ABUSE PROGRAM (YMCA)                                  | MISSISSAUGA              | 905-276-9322<br>EXT. 216     |
| PHOENIX PROGRAM EARLY INTERVENTION   | MILTON<br>OAKVILLE       | 905-693-4240<br>905-815-5140 |
| REACHING ADOLESCENTS IN NEED—<br>ASSOCIATED YOUTH SERVICES OF PEEL         | MISSISSAUGA              | 905-890-5222                 |
| REACH OUT CENTRE FOR KIDS (ROCK)   | MILTON<br>OAKVILLE       | 905-875-2575<br>905-339-3525 |
| READY4LIFE—SHH   | BURLINGTON<br>/ OAKVILLE | 905-845-9212<br>EXT. 42      |
| SQUARE ONE YOUTH CENTRE  | MISSISSAUGA              | 905-566-1883                 |
| THE DAM YOUTH DROP-IN  | MISSISSAUGA              | 905-826-6558                 |
| TRANSITIONAL AGED YOUTH OUTREACH PROGRAM—ASSOCIATED YOUTH SERVICES OF PEEL | MISSISSAUGA              | 905-890-5222                 |
| YOUTH BEYOND BARRIERS (FOR QUEER AND TRANS IDENTIFYING YOUTH)              | MISSISSAUGA              | 1-800-762-8377<br>EXT. 460   |
| YOUTH NET HALTON & TALKING ABOUT MENTAL ILLNESS (TAMI)                     | OAKVILLE                 | 905-825-6000<br>EXT. 2972    |
| YOUTH NET PEEL   | MISSISSAUGA              | 905-804-9857                 |

\*PLEASE REFER TO THE HOSPITAL SERVICES UNDER THE “MENTAL HEALTH SERVICES” HEADING FOR MORE YOUTH SERVICES\*

The Mississauga Halton Local Health Integration Network (LHIN) is one of 14 LHINs established by the Government of Ontario in order to plan, fund, and monitor health care services at the local level.

The Mississauga Halton LHIN includes the municipalities of South Etobicoke, Mississauga, Halton Hills, Oakville, and Milton. Over one million people reside in the region.

**Mission:**

To lead health system integration for our communities.

**Vision:**

A seamless health system for our communities - promoting optimal health and delivering high quality care when and where needed.

Visit <http://www.mississaugahaltonlhin.on.ca> for more details.

