## Canadian Mental Health Association/Peel Branch

CMHA/Peel enhances the well being of all people in our community by promoting and supporting good mental health ~ serving our community since 1962 *Promoting mental health, one mind at a time* 

Brampton Community Door (Location #1) 7700 Hurontario St., Suite 601 Brampton, ON L6Y 4M3 Ph: 905-451-1718 Fax: 905-451-1720 Monday to Friday – 9 am – 5 pm unless otherwise specified

**Corporate Services & Executive Offices** ... Corporate Services supports employees and CMHA/Peel's involvement in community development. The Chief Executive Officer, Chief Operating Officer are in the Executive Offices.

**Crisis Support Programs** ... CMHA/Peel works with community agencies, local crisis and emergency services to develop and enhance the coordination of new services with existing ones. Examples are: "safe beds" and mobile crisis response teams working in co-operation with police.

**Davidson Scholarship Fund ...** provides financial support to individuals experiencing mental health concerns to pursue their education. Applications are online at <u>www.cmhapeel.ca</u> and must be submitted by Jan. 30th. E-mail <u>davidsonscholarship@cmhapeel.ca</u> for info.

**Eden Place Outreach and Drop-In Centre** ... is a recovery-oriented consumer/survivor-run program that provides opportunities for people experiencing mental health concerns to support one another and connect to their community. , listen, give and get the support to move forward with their lives. Tuesday to Friday - 4 - 8 pm, Saturday – 12 - 4 pm Ph: 905-451-3934 Fax: 905-796-9035

**Partnership Place** ... offers group programming and support for individuals experiencing mental health concerns to lead fulfilling, satisfying lives within their community. Monday to Friday - 9 am - 4 pm

Ph: 905-796-9030 Fax: 905-796-9035

Those interested in becoming a Partnership Place member should contact Central Intake at 905-451-2123 to book an appointment

**REBOUND Choices** ... is a strengths-based program for youth that promotes personal responsibility, positive social interactions and drug resistance skills. It connects youth to information and services in their community. Contact 905-451-2123 for information.

**Vocational Support Services** ... assists individuals experiencing mental health concerns whose recovery goals include the pursuit of education or employment. Contact 905-451-2123 for information.

**Youth Net** ... is a "by youth, for youth" program that generates mental health awareness, promotes resiliency and connects youth to information and services. Ph: 905-456-2551 Fax: 905-451-1720

Resource Centre & Central Intake (Location #2) 2 County Court Blvd., Unit 102 Brampton, ON L6W 3W8 Ph: 905-451-2123 Fax: 905-456-7492

## Call 905-451-2123 unless otherwise noted.

Access to Recovery ... supports individuals experiencing long term mental health concerns to lead fulfilling, satisfying lives within their community. Individuals must be 16 years of age or older and living in Brampton, Caledon, or Malton.

**Concurrent Disorders Crisis Management Services** ... offers capacity-building opportunities for organizations that support individuals experiencing mental health and addiction concerns. Organizations must be based in Peel Region and/or the Central West LHIN (Local Health Inegration Network).

**FACT Peel+** ... supports individuals who have experienced a first episode of psychosis to lead fulfilling, satisfying lives within their community. Individuals must live in Peel Region and have had a first episode of psychosis within the past two years and be 16-45 years of age. (This is a partnership between CMHA/Peel, CAMH (Centre for Addiction and Mental Health), and (SHIP) Supportive Housing in Peel.

**FACT Peel+ Malton** ... provides support to individuals and their families at the first signs and symptoms of mental health issues. Individuals must be 16 – 35 years of age and live in Malton. \*SHIP – Supportive Housing in Peel – provides a corresponding program for 16 – 35 year olds living in Dufferin County. Intake through SHIP -905-795-8742).

A referral form for FACT Peel+ Malton & Dufferin is on the CMHA/Peel web site linked from the FACT Peel+ page: <u>http://www.cmhapeel.ca/factpeel.shtml</u>

**Housing and Support Peel (HASP)** ... offers permanent housing and support to individuals experiencing mental health concerns to lead fulfilling, satisfying lives in their community. Individuals must be 16 years of age and up, experience mental health concerns and be homeless or at risk of homelessness in Peel Region. Intake through Supportive Housing in Peel (SHIP): 905-795-8742.

**McEvenue Home Works** ... provides financial assistance to individuals living with mental health concerns who are experiencing a housing crisis and have exhausted all other financial options. Individuals, 16 and up, must live in the Region of Peel or within the boundaries of the Central West LHIN (Local Health Integration Network).

**Mental Health & Justice Services** ... offers a range of mental health supports to individuals experiencing mental health concerns, who are in conflict with the law. Toll free: 1-866-460-7335.

**Resource Centre** ... provides a welcoming point of entry to the mental health system by connecting individuals to information, education and services.

**Treat at Home** ...supports older adults experiencing mental health concerns to lead fulfilling, satisfying lives within their community. Treat at Home is a partnership with Reconnect Mental Health Services and CANES Community Care. CMHA/Peel serves anyone 65+ experiencing mental health concerns that interfere with their daily life in a significant way, or 55+ with both mental health concerns and complex physical health needs. CMHA/Peel clients must live in Brampton and Malton. If you live in Etobicoke, Rexdale, or Woodbridge, contact CANES at 416-743-3892.

**Grenville & Davis Courthouse** (*Location #3*) 7755 Hurontario St., Suite 321 Brampton, ON L6W 4T6 Ph: 905-456-4700 x 5663 Fax: 905-456-1388

**Court Support Services** .... Consultation for people with a serious mental illness who are in conflict with the criminal justice system.

Assertive Community Treatment Team (ACTT) (Location #4)

60 West Drive, Suite 102 Brampton, ON L6T Ph: 905-459-2282 Fax: 905-459-2290

Assertive Community Treatment Team (ACTT) ... offers a broad range of intensive community supports to individuals experiencing serious mental health concerns and their families, in order to reach their recovery goals. Clients must live in the town of Bolton, in Brampton east of Hwy 410, or Malton. Contact Central Intake: 905-451-2123

Peel Outreach Program )*Location #5)* 3190 Mavis Road Mississauga, ON L5C 1T9

**Peel Outreach program** ... provides mobile short-term support, 7 days a week, to individuals and families who are homeless or at imminent risk of homelessness. Ph: 1-877-848-8481 Fax: 905-848-9320