

Applied Suicide Intervention Skills Training (ASIST)

If you want to feel more comfortable, confident, and competent in helping to prevent the immediate risk of suicide, this two-day workshop is for you.

You will be better able to:

- **Assess the immediate risk of suicide**
 - **Recognize opportunities for help**
- **Apply a model for suicide intervention**

| Date | Time | Location |
|---------------------------|--------------|----------|
| September 12 and 13, 2013 | 8:30 to 4:30 | Brampton |
| October 17 and 18, 2013 | 8:30 to 4:30 | Oakville |
| November 21 and 22, 2013 | 8:30 to 4:30 | Brampton |
| December 12 and 13, 2013 | 8:30 to 4:30 | Oakville |

Cost: \$175 per person, \$125 per student/senior

For more information, call 905-451-2123, ext. 446.

To register for a session, go to www.cmhapeel.ca/comingupemailregistration.php.

Presented by

